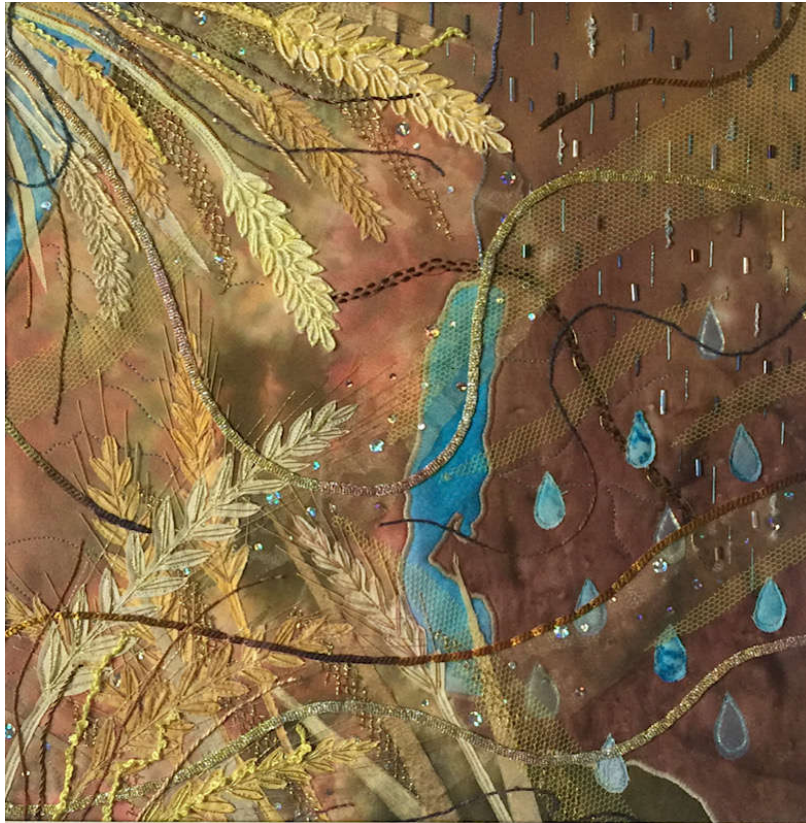


MINISTRY IN A TIME OF TRAUMA: A VIRTUAL ONE DAY COURSE FOR THOSE IN CHURCH MINISTRY

Saturday 8th May 2021, 10am – 4pm



Art work based on the book of Ruth: Sow in tears, reap with songs of joy by Karen Herrick, [Harlequin Arts](#), used with permission.

Aims of the course

To enable those attending to be better equipped to self-care and to minister to their congregations and communities in a time of trauma.

Objectives

By the end of the day course those attending will have:

- Explored the nature of trauma and how it impacts on individuals, congregations and communities.
- Considered normal responses to trauma.
- Considered how to journey with individuals, congregations and communities through trauma.
- Considered the importance of lament, reframing and meaning making.
- Considered the use of liturgy in times of trauma.

Programme

- 10.00 Welcome, introductions and opening liturgy
- 10.15 Session 1: the nature of trauma in ministry.
- 11.15 *Coffee break*
- 11.30 Session 2: the journey through trauma.
- 12.30 *Short break*
- 12.40 Session 3 : Vicarious Trauma
- 13.00 *Lunch*
- 13.45 Session 4: Lament Liturgy and Trauma
- 14.45 *Afternoon Tea*
- 15.00 Session 5: the 12 Ps
- 15.30 Taking things forward and closing liturgy
- 16.00 Finish

Background

For a number of years a significant amount of work has been done by Professor Christopher Southgate and his team on Tragedy and Congregations (<https://tragedyandcongregations.org.uk/team/>). This course is rooted in the work done by this team, and in the learning from a pilot project to enable ministers to minister in times of trauma, that was supported by a Common Awards Durham Seedcorn Grant. Covid 19 is being experienced by many as a complex trauma in a world in which trauma is experienced by individuals, congregations and communities in diverse ways.

Facilitator

Rev Dr Rhona Knight: Rhona was a GP for 25 years. She has a MA in medical education and is a theological educator, pastoral supervisor and spiritual director.



Cost and application

The cost of the day is £15 (£10 for students). Half the proceeds will be donated to Rhona's nominated charity, Emerge Hub, that works to give practical and therapeutic support to those trapped in sex work (<https://reachvolunteering.org.uk/org/emerge-hub-cic>).

To apply, please email wmsoffice@hermes.cam.ac.uk